Useful Hints

# Woman and Home

Ethical Talks

Market Well Supplied Only Few Changes of Importance on Local Retail Stands.

While the retail market keeps in fine spring and early summer shape there are but few changes to be noted. It is true that there are a few new female.
things coming in. Carolina blackberries are on the market, and the dealers the rule.

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The quotations bel			. 14.	jerse
			L 114.	
tle from those of a s	veek ag	30.3		
Fruit				
Cooking apples, to peck.		170	201	
Oranges. Flerida, dezer	1	25 62	(29)	
Grapefrult, apiece		. 6		
Lamons, dozen		- 6	13	
Pineapples. aplece		A 92	177	
Bananas, dozen		15 %		
Strawberries, per quart.		21 17	15	
Peaches, quart	21002302	15 92	29	
Cherries, basket		11 19	28	
. Vegetab	les.			
Lettuce, head Cabbage, new Eggplant		5 3		
Cabbage, new	1110100	5 0	10	
Eggplant		11 11		
Spinach, 12 peck		10 42	15	100
Carrots, new, bunch		0	. 0	Hall
Beets, bunch	******	2	10	141111
Kale, peck	******	新 勇	29	1111191
Cymlings, apiece		- 9	ŧ	1/5/51
Cucumbers, apiece	1117111	7 9	5	111116
English peas, in hull, qu	DEPT	4: 51		11111
Tomatoes, apiece		7.4	15	1111
Rhubarb, bunch	******		16	1111
Asparagus, bunch	*****	推 前	50	111
Spring output		99	100	111
Spring ontons, burch Fresh corn, dozen	******	10. 4	ch	1
Hanover peas (in hull).	AL VIII	100	25	
Fish and Other	Sen Le	and "	0, 120, 0	
Bay mackers!, bound	A STEEL STATE OF THE STATE OF T	4	1.6	
Dan root mound		- 0	100	
Shad, roc, apiece		1		
Soff crabs, dozen			7.0	
Butter fish, dozen	0111011	93	50	
Hog fish, dozen		65	50	
Small spots, dozen	0.000	- 17	20	
Sheepshead, pound		60	15	
Blue fish, apound	Vegation in	17	15	
Flounders, pound		- 9	12	
Sturgeon, pound		(6)	· 76	
Berf				
Porterhouse steak, pou	nd	35 32	2.5	
Sirloin steak, pound	******	- 50	-20	with a se
Round steak, pound		20 %		butto
Rib reast, pound	******	雅		figure
Rump roast, pound		. 59		1516
Soup meat, pound Corned beef, pound	******	12 50	15	
Corned beer, pound		15 9	17	story
Carlos Lamb	١.	2.7	1 0 1555	charr
Spring lamb, pound		17		sappl
Lamb shoulder, round.	*****	. 5	- 24	1216

Pork chops, pound Roast pork, round Fresh shoulder pound Bacon not sliced, pound Bapon sliced, pound Ham, sliced, pound Veal cutlets poun Veal chops, poun Round year, pound Boasting chicken, pound Chickens, frying, pound Stewing chickens, bound Stewing chickens, bound Squabs, apiece Builter, Eggs, Cheese

Butter, Eggs, C Butter, in print, pound Country butter, pound Eggs, tresh dozen American cheese, pound Schweitzer cheese, pound Roquetort cheese, jound Cottage cheese, a moid

What to Wear

Sports Coat of White and Spehire Blue in Broad Stripes. By Mme. Qui Vive.

If they keep on wearing chin-chin collars we hold they choke!

A question that is niways reviving is this matter of abolishing fashion and accepting a uniform.

We believe it would be a fine idea. to be adopted by those women who

make sartorial cartoons of themselves. Franconia Potatoes Man's attire is decidedly ugly, and his slavery to warm, heavy coats in hot weather is positively pitiful, and yet when you see gathered together a crowd of men and women from provincial districts where fashion influences do-not reach the men look much better than the women.

R would seem as if women's dress

is about the only matter left for her personal attention. The cook rules the kitchen, the teachers rule the children, husiness rules father, and what

dren, business rules father, and what is left for mother? Clothes!

There are women who make religion of dress and fashion, who talk nothing but clothes. They are beyond the help of their saner sisters. If they were not silly about dress they'd he sills about something else. The sensible

#### Oilcloth for Trimming

No less a personage than Docuillet has introduced the novel feature of trimming with black oil cloth. Out into narrow strips he darns it into the cloth and the effect is of iet. Odd as it sounds, it was most enthusiastically applianced when seen hy American buyers for the first time in the dress artist's studio in Paris.



UNATTAINABLE HAPPINESS I could get my wife everything wants I'd be perfectly happy. No man ever is as happy

to replenish her wardrobe. She makes a few careful selections and finds the pilgrimage a journey of very good fun. In her busy life this is merely a pretty little detail. She is proud to look her best and to be admired by husband and the kids. For of such stuff is builded the soft heart of the

the rules and regulations of her secret or Theater.) . society, will exercise violently by re-

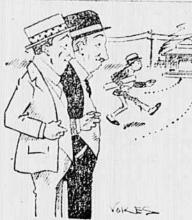


#### Menu Suggestions

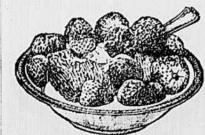
Brenkfast. Oranges Parsley Omelet Saratoga Potatoes

Coffee Lunch. Irish Stew Amber Pudding String Beans Lemonade Dinner.

Dinner.
Chutney Canapes
Roast Sirioin of Beef
Potatoes Summer Squash Lettuce Salad with Pineapple Genea Cake Coffee



Open Up a Health Account. Open up a health account that will yield greater enjoyment of life and higher efficiency in work. Cut out heavy Winter foods and eat Shredded Wheat Biscuit with fresh fruits and green vegetables. Shredded Wheat is readycooked. Delicious for breakfast with milk or creamfor luncheon with berries or other fruits.



### WHO'S GUILTY?

3rd Story, The Tangled Web By Mirs. Wilson Woodrow

Author of "The Silver Butterfly," "The B. ick Pearl," "Sally Salt," Etc. tuff is builded the soft heart of the emale.

The summer girl of 1916, following he rules and regulations of her secret tor Thenter.)

(Novelized from the series of photoplays of the same name released by Pathe Exchange and shown at the Victor Thenter.)

ries are on the market, and the dealers are asking 20 cents per quart for them, but they were, setting so plentiful yesterday that the supposition is that an offer of 15 cents per quart to-day will close a deal for any quantity from one quart up. Peaches from the South are more plentiful and the quotations of a week ago will admit of a 10 per cent discount.

The mat worket has undergone no change, netwithstanding the predictions that another week would find all kinds of meats from the tender Virginia lamby of the tender Virginia lamby of the tender virginia lamby advanced in price. Their is apparent some advance the first class in ashion will kindly consult the delineations of the year, and the propiets say it will not only through the first the time of the year, and the propiets say it will not only through the first week of June, when the spring chickes will be more numerous.

The vescable market was never better supplied and the good housewiese cannot complain of exorbitant figures.

First.

Cooking apples, parked as a first of the property, and the propiets of grapeful. The document of the learning of the price of prints and the propiets of the sort. The skirt is of white the first class in ashions will kindly consult the delineations of teacher artist, but which, in this case, has nothing of the sort. The skirt is of white the more numerous.

The executable market was never better supplied and the good housewiese cannot complain of exorbitant figures.

The quantities are the rules and regulations of headen price and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first time of the year, and the propiets say it will not only through the first tim

(Continued from Friday.) It was on the afternoon of the last day of the memorable "copper raid" that Fleetwood Blair received this brief telephone message from Ruth:
"Come here at once!"
Blair obeyed the summons. He found

story affair, the top one being of white charmeuse. The colors are white and the charmeuse. The colors are white and the charmeuse that the colors are white and the charmeuse that are mounted on frames are considered more dependable than the fail to work when they very wind (Copyright, 1316, by J. Keeley.)

Menu Suggestions

Was appeared trying to the charmeuse. It was a prover trying to charmed the charmeuse. It was a prover trying to charmed the charmeuse that on, I changed my tach the charmed the charmeuse that on, I changed my tach the charmed the charmeuse that on, I changed my tach the charmed the charmeuse that on, I changed my tach the charmed the charmeuse that on, I changed my tach the charmed my tach the charmed my tach the charmed my tach the came home late and very humbly asked my forstiveness for striking the lower than the came home late and very humbly asked my forstiveness for striking the constant had a sweet reconsilation seens. I forgave him—as if any woman would forsive such a thing:—and we shall a sweet reconsilation seens. I for any woman would forsive such a thing:—and we shall asked my forstiveness for striking the lower when the came home late and very humbly asked my forstiveness for striking the lower when and ther.

He came home late and very humbly asked my forstiveness for striking the lower when he is that a sweet preconsilation seens. I for any woman would forsive such a thing:—and we shall asked my forstiveness for striking the threshold, his blazing eyes fixed the threshold to have some one t

been able to beat him! For he is beaten. The final crash came half an hour ago. They sent me word of it. And I telephoned to you, as I had promised. He played his last desperate eard to-day. I told them last night what that card was to be. They acted on my information. And as a result he's beaten to earth. Their teeth are in his throat. He is ruined. Ruined, past all chance of recovery. And I have done it! I whom he cheated and tricked and struck! I' He—"

The library door was flung wide. On the threshold swayed Kendrick, disheaveled, haggard wild-eyed.

He had tried to drink himself into forgetfulness when the crash came. Then he remembered he must break the news to his wife.

Of late she hal been gentler and more sympathetic toward him than ever before. He yearned, in his hour of stark ruin, to have her comfort him. So he went home. As he neared his

ever before. He yearned, in his hour of stark ruin, to have her comfort him. of stark ruin, to have her comfort him.

So he went home. As he neared his house he saw Fleetwood Blair going cless you want me to send another up the front steps. And a twinge of cold-lead messenger after you Come—"

That Hot Water Bottle Made Jimmy a Dandy "Belly Protector" Till it Stopped That Extra Hard Foul Ball (Copyright, 1916, by the Wheeler Syndicate, Inc.) By F. Fox



causeless jealousy wrenched at his Three menservants, roused by sound

Bargain days are as dear to a woman when she

To-Day Is Bargain Day at

The Jefferson Market

For the Saturday Market Basket

Forequarter Spring Lamb, lb.....\$1.10

Legs of Spring Lamb ...... 25c

Roasting Lamb ...... 15c

Roasting Veal ..... 20c

Veal for Irish Stew ......15c

Randolph 2517.

Imported Swiss Cheese ......49c

Large Smoked Bloaters, 6 for......25c

Fresh Laid Eggs, dozen.....24c Boiled Ham ......35c

Potato Salad ......10c

Randolph 3680.

markets as when she buys her summer wardrobe.

step was steady, her head was held Company M. Fourth Infantry, to fill proudly high. Her left hand was the vacancy cused by the death of pressed against her heart. She stood Lieutenant W. J. Oliver.

# SHE WAS A MERE SKELETON

This Lady Suffered From Severe Pain in Left Side, Was Very Weak, and Confined to Bed For Month at \_ a Time

Oklahoma City, Okla.—Mrs. Dora Funderburg, of this city, says: "When I was 14 years old I was very poorly, and was told that my case was very bad. . . . The medicine I took did me no good, and I only spent my money for nothing, as I got no relief, but when I commenced taking Cardui I began improving.

Before taking Cardui I was a mere skeleton, and was very weak and was confined to my bed at times, sometimes as long as a month at a time.

I was unable to go to school regularly for two years, on account of my bad health. I had cramping every month, and a severe pain in my left

My mother told me of Cardui, and after taking one bottle I was greatly relieved of the pains. I have con-tinued taking it until I feel like a different woman, and I cannot praise Cardui enough. . . I am now gaining in weight, and all my friends that see me speak of how much bexter I look in the last month, and I tell them I am taking Cardui I highly recommend it to all suffer-

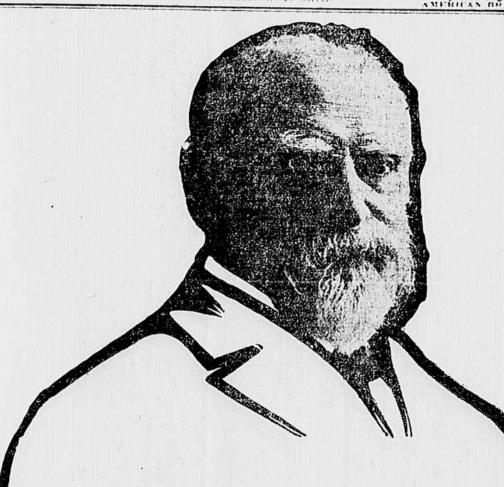
Try taking Cardui for your troubles. Get a bottle today: You won't regret giving it a trial. Your drug-



French Hat Shop 216 North Third Street.

Save the Labels From

**Eatmor Bread** Seven ponies and forty-three other lice presents given for them.
MERICAN BRITTI AND BAKING CO.



From the Rt. Hon. James Brice, Former British Ambassador to the United States and Author of "The American Commonwealth"

Dear Mr. Haskin:

Frederic J. Haskin, Esq.

Thank you very much for your interesting and valuable book upon the departments of the Federal Government and their working. It is full of useful and practical knowledge and I wish very much that I had had it or something like it, both when I was writing "The American Commonwealth" and when I first came here as ambassador.

I am sure we have no book over in England which gives a similar account of the actual details of the working of the various Departments in our elaborate and complicated system, though of course we have plenty of books upon the organizations of our Government as a whole and its Constitutional working. I hope you will find means of keeping the book up-to-date from time to time in new editions as frequent changes happen in a country growing so rapidly as yours.

I am,

Very truly yours,

JAMES BRYCE.

## SEE COUPON ON PAGE 2 IN THIS ISSUE

"The American Government" is now being distributed to its readers at a nominal price, and in the interest of better citizenship, by

## THE TIMES-DISPATCH

This Offer Will Be Withdrawn on June 17th.